

Similae versus Simillimum and Energetic Examination

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SUMMARY

Homeopathy is a powerful medicine, but also very dangerous. And it is 'not' as said or thought: 'if homeopathy doesn't benefit, it doesn't harm'.

The necessity to administer from the beginning of the treatment the very exact right homeopathic remedy, called the simillimum, to a patient is a must and a great challenge for every homeopath.

If not (by administering a similar remedy), the individual energy of the patient is derived so that the patient becomes insensitive even to the administration of the very exact simillimum right after.

KEYWORDS

Simillimum; similar remedy which is a near simillimum; a grosso modo similar remedy; ancestral energy and its related classical and Bowel nosodes; zigzag homeopathy; straight on homeopathy; adaptation or suppression; danger of self-medication; stuck cases.

Introduction

The difference between the simillimum and the similar remedy:

The word "*simillimum*" is Latin for "the most similar".

So the simillimum is the *ideal unitary remedy* that, on the moment of its prescription, covers all the actual, valuable symptoms of the patient and consequently fits to the patient so that it causes a positive energetic reaction or maybe a healing.

So a traumatic remedy can be also the simillimum (which means that it doesn't has to be the individual remedy of the patient however it often is a satellite remedy of it).

Notwithstanding there exist different schools and movements in homeopathy, there is only one ideal homeopathic remedy to prescribe, namely the simillimum.

(Kent, J.T.: Lectures on Homeopathic Philosophy, lecture XXX - p.197) "Par. 118 (Organon) reads: '*Each medicine produces particular effects in the body of man, and no other medical substance can create any that are precisely similar*'. That is the beginning of a doctrine showing that there can be no substitution. There are cases that are so mixed that man, no matter how much he studies, cannot see the distinctions; but, remember one thing, *there is one*

remedy that is needed in the case, whether it is known or not; it is needed in the case, and it has no substitute, for that remedy differs from all other medicines, just as this individual differs from all other individuals. ... In Homeopathy medicines can never replace each other, nor one be as good as another.)” [1 and 2]

Fortunately a similar remedy seems to act also!

But then we have to ask ourselves what is now the effect and the impact of the prescription of a similar remedy versus the simillimum, knowing that in most of the cases a similar remedy is prescribed?

Luckily homeopathy is generous in healing and in such a way that similar remedies have also a beneficial effect on most of the patients.

A “*similar*” remedy is a unitarian remedy which approximately covers the totality of the features of the patient. There can be made a distinction between a *grosso modo* similar remedy and a similar remedy which is near identical as the simillimum:

1. Similar – *grosso modo*:

Such a quasi-similar remedy is not accurate enough to cause a positive action, but causes rather a negative action as if it was a totally wrong remedy.

2. Similar - near the simillimum remedy:

Such a remedy can indeed cause a positive deep action, comparable with the real simillimum.

(See, below: An example of the action of a similar remedy ((Lat-m. instead of Lat-k.)) which gave the same healing result as the simillimum.)

Energetic examination

What happens in the homeopathic physician – patient relationship?

Normally a resonance is set directly from the first consultation between the capacities of the therapist and the needs of the patient. This resonance is not always the ideal for both, but coincidence brought them together and so they have to go on the way together. So happens, in a lot of cases, that a student homeopath has success because of this resonance and because of some more or less well-chosen symptoms. This declares also the good effect of keynote prescribing in India, where a therapist is treating hundred and more patients a day. And it explains also why a well-chosen (holistic) similar remedy, which means a remedy chosen on the totality of the

symptoms, helps the patient forward concerning a lot of his complaints, despite the imperfectness of the remedy (due to the imperfectness of the therapist).

So the prescription of a similar remedy versus simillimum to the patient is mostly due to the imperfectness of the therapist. This way of imperfect homeopathy, which I call *the zigzag homeopathy*, is built on action and reaction while making at the same time small steps forward. On the other hand, by applying correctly the Energetic Examination, which allows us to verify the remedy (simillimum) of the patient, we enter in a quite perfect application of homeopathy without zigzag movements (= action versus reaction) but allowing us to go *straight on*.

Moreover this 'correct' prescription (in relation with the individual energy) opens also directly the gate to the ancestral energy. This allows us to correct by prescribing supplementary the indicated classic or *Bowel* nosode - a part of the genetic or epigenetic negative taint in the patient.

In general, after the administration of the correct *individual* remedy (simillimum), the underlying (sleeping) *ancestral*, miasmatic energetic layer of the patient awakes and comes to surface and can then be successfully treated. Then by administering the related nosode, the hereditary bound of that miasm with the vital force will be easily broken up.

Yet, there is one exception: namely *Psorinum*, which refers to the basic miasm psora - the thousand-headed hydra, and cannot be fully destroyed in one time (Organon, § 80) [2].

So the administration of *Psorinum*, the nosode that directly touches the core of the psoric miasm, must be frequently repeated during lifetime.

Other cases may also require one of the other classical nosodes or a *Bowel* nosodes may also be needed to treat this ancestral layer.

The treatment of this ancestral energy, which causes epigenetic changes, results in a prevention of degenerative and chronic diseases in the subject.

A nosode is mostly administered on a complementary basis when the simillimum is prescribed in an accurate dose, which has to be taken only once. Depending on the miasmatic background this can be, especially at the onset of the treatment, a classic nosode such as *Carcinosinum*, *Medhorrinum*, *Psorinum*, *Syphilitinum* or *Tuberculinum*, or also a *Bowel* nosode.

Sometimes this nosode (if not *Psorinum*) is even followed by a (second) nosode, such as *Psorinum*.

In the further course of the treatment it is a widespread classic experience that the nosode, which follows the simillimum most, seems to be 'Psorinum'. (*Hahnemann* who compares psora with a thousand-headed hydra).

Thus every time you prescribe a simillimum, in the further course of the treatment, this will mostly be completed by *Psorinum*. It is as if you can release every time the

handbrake of the lethargic effect of the 'psora' (as when you want to start your parked car and have to release your handbrake first). [3]

Homeopathy can be very harmful

Primum non nocere

"If homeopathy doesn't help, it doesn't harm" – is this statement true?

We have to be very cautious before prescribing a homeopathic remedy to a patient because a wrong prescription always harms the patient. So the statement about homeopathy: "if it does not help, it doesn't harm" is quite misleading.

Prologue

For years already my fingers have been itching to publish this article, but until now I hesitated because I don't want to upset the homeopathic world, as they are my fellow homeopaths nor the homeopathic pharmaceutical industry, knowing their efforts in promoting homeopathy.

Nowadays, there is a too great increase of new homeopathic products, by which especially the not fully experienced homeopathic physicians do not succeed any longer to see the trees through the forest. On the other hand it is also true that the rapidly changing world implies new remedies.

"Homeopathy is a powerful medicine but can be very dangerous too!" [4]

This statement was said by doctor *Albert Pladys* (1920 – 1981), who warned his students (thus us) to be careful with homeopathic remedies because they are as powerful as explosives.

Read also the comment by *J.T. Kent* "I would rather be in a room with a dozen of negroes slashing with razors than in the hands of an ignorant prescriber of high potencies". [5]

After all the years of experience I have to confirm this statements and I thought it would be also my task to communicate it to the homeopathic society. So the idea about homeopathy: "When it doesn't help, it also doesn't harm" is not true!

Universal Law (Macrobiotics - Oshawa) [6]

"The bigger the front, the bigger the back" is one of the seven principles of infinite Universe.

When applied to homeopathy: If homeopathy can make ill people healthy, it can also make ill people more ill!

A lot of patients sabotage their own healing process by frequently taking unnecessary medication (also clinical homeopathy) and so condemn themselves to a

lifetime of pain and chronic disease. That's why the following warning is hanging in my waiting room:

Homeopathic self-medication, or under the form of an unitarian dose (for example when taking in a preventive way a commercial homeopathic flu remedy) or a homeopathic complex remedy (for example a homeopathic cough syrup), even advised by your pharmacist, is mostly blocking the action of the homeopathic remedy (= simillimum) administered by your physician.

Also acupuncture, if not done correctly, will have the same effect as a incorrect homeopathic remedy.

Because the correction of those blockades is moreover very time-consuming and labor-intensive, please avoid at any price self-medication!!!

The negative energetic action of an incorrect homeopathic remedy and also remedies taken for doing provings, can last for a period of about six months.

This finding is among others also confirmed by *Misha Norman* (seminar May 2011), especially in his experience that the troubling effects of a proving can last six months.

In Hahnemann's time, most of the provings were done on healthy people, namely people without symptoms.

Now, most of the provings are tested on people who we know are not in perfect health. Though each of these provings creates proving symptoms [7]

This proves that homeopathic remedies during a proving 'always' disturb the vital force, except if it is the simillimum or near simillimum of the patient.

The prevalence of cancer in homeopaths is also high. However you would expect that a correct homeopathic treatment would prevent cancer. Probably this fact, of which I can quote a lot of examples, is due to the too easily take of homeopathic remedies by the homeopaths themselves. (A lot of homeopaths are less critical with regard to taking remedies for themselves compared to the careful way in which they give remedies to their patients. They seem to be searching for the ideal remedy - as if it was a quest for the Grail.)

Incorrectly chosen remedies may help for a short period (on disease level), but can be harmful in the long run (on energetic level).

Nevertheless in most of the cases homeopathic prescribers prescribe the simillimum or a similar remedy.

If the prescription is the simillimum (in combination with the associated nosode), and again followed by perfect prescriptions in succession, the therapy proceeding will look like a straight line. This is the perfect way!

In case of the prescription of a similar remedy, followed by other similar remedies, we also can get a high quality effect, but the proceeding will be a zigzag line creating more side effects.

Chronology of the development of some insights

- A case of a blockage caused by a wrong remedy

During my first year of studying homeopathy our teacher *Jacques Imberechts* told us about a *Sulphur* patient who didn't react to Sulphur - even after repetition. Then there was a time *interval of about one year* till he saw this patient again, and again he prescribed Sulphur, which then acted marvellously.

Interpretation: The patient who took already some weeks or months ago another homeopathic remedy was on the moment of the initial take of Sulphur still out of balance by that wrong remedy so that there was no positive reaction to the right remedy.

- Action of a more or less similar remedy

Twenty-seven years ago I had a female patient with pneumonia of the right middle lobe (proven on RX) after her head had become wet by rain the week before. Since then she developed a continuous high fever, which didn't react to her usual remedy *Pulsatilla*, of which I tried different potencies. At last she became very exhausted, couldn't nearly walk and suffered from dyspnoea. The specialist who diagnosed pneumonia, wanted to keep her in the hospital, which she refused, so I visited her in the afternoon and she told me that she "since the evening before craved fried eggs" which she had made twice, in the evening and in the morning. I took this symptom into consideration and found *Silicea* (addition of *G. Vithoulkas*), which I gave her every two hours in increasing potencies: 200 K (Korsakov method), MK and XMK. Directly after the first dose she felt better. She started perspiring after every dose, together with a general good feeling and at the same time the fever decreased more and more so that already the same night it went away and didn't return. Three weeks later, the X-ray image still showed the signs of the pulmonary infection however she was already physically totally recovered since more than two weeks.

- Action of a near simillimum remedy

An example of the action of a similar remedy (*Latrodectus mactans*, instead of *Latrodectus katipo*), which gave the same healing result as the simillimum:

I had a patient suffering from severe neck ache, headache and tinnitus for about fifteen years, maybe related with the whiplash he had 40 years ago. Also seven years ago he had herpes zoster, which was suppressed by allopathic medication. I had

giving him in the last six months in succession *Vipera lachesis* fel LM 6 daily during two months, with as result a little amelioration of the neck ache. Then I found *Vipera torva* M K and *Psorinum*. 1M-K, followed after two months by *Rhus toxicodendron* 10M-K and *Psorinum* 10MM-K (symptom: pulsation felt in left first toe), again with some small general amelioration (probably also due to the clearing up of the herpes zoster suppression of seven years ago). Then he presented clear dream symptoms of *Latrodectus katipo*, which I again could energetically verify, but by inattentiveness of myself I gave him *Latrodectus mactans* 1M-K and *Psorinum* XMM-K. Just after the patient left my office I became conscious of the fact that I did not give him the exact remedy (simillimum), but I decided to wait and watch to see what would be the result. I saw him two months later and he told me he underwent a tremendous change. All his complains were disappeared and he also felt much more energetic.

So the action of this similar remedy, which is in this case a near simillimum, was resulting in the same healing result as it would be the real simillimum, and I didn't notice any harm of that remedy energetically as I normally find after a real wrong prescription (for example if I would prescribed a remedy of another kingdom or family).

In cases, when a wrong remedy has been taken by the patient, there is a need for structural cranial and atlas corrections before the simillimum of the patient can act again).

However the result was spectacular, the further symptoms indicated *Arsenicum album*, which stabilised the case.

- Suppression can happen when clinical homeopathy is being applied

Example 1: A patient, teacher by profession, had a coryza just before her holidays started and was too occupied to visit me so she took for a few days a homeopathic complex 'Coryzalia' (*Allium cepa*, *Belladonna*, *Sabadilla*, *Kali bichromicum*, *Gelsemium* and *Pulsatilla* 3CH). The coryza disappeared quickly but after some days she got a severe eye inflammation with excessive pus and swollen lacrimal sac. She was obliged to take some local antibiotics because she was at the time abroad with pupils of the school. Then, once back home, I saw her in my consulting room. She still was ill and especially tired (Law of *Hering*). I had to correct first the switching [8], followed by the classical osteo-cranial corrections together with the administration of the right simillimum, in her case *Buthus afer*. Such procedure is always needed in order to have a direct effect in a case where a wrong remedy blocked the inner energy.

The result was a quick recovery of the patient!

- What's the danger of suppression?

The part of the energy, namely the ancestral energy which is destined for long living, is used actually to mend a gap. This is called 'adaptation' by chiropractors and

suppression by homeopaths. So its combustion limits in time the good functioning of the immune system, by which it loses its protective action on the body functions.

This is a personal experience by the author resulting from the application of the energetic examination method.

Example 2: A patient was (in his way of thinking) successfully treated by homeopathic polypharmacy in a clinical way, first for allergy and later for rheumatic arthritis. He was convinced that homeopathy had cured him. Now he's 76 years old and consults me because he has since two years a metastatic colorectal cancer, treated by chemotherapy.

I prescribe him *Lac buffalo* (his real simillimum) on which he reacts with a rheumatic upsurge (which proves there was a homeopathic suppression).

Literature

Homeopathic remedies directly modify the water crystalline structure of the meridians, hence transmitting the information to the whole body, the same way the acupuncture needles do through the skin. The remedy that is not a proper Simillimum, but a partial one will modify the water structure according to its nature but the end result on the target organs or functions will be an incomplete match, resulting in a partial action and the remaining or recurrence of symptoms. If the incorrect stimulation persists through improper multiple repetitions of the wrong remedy with partial action, the receptors themselves might be modified either temporarily, giving the symptoms and signs we look for a proving, or permanently, giving the seldom encountered but dreaded grafting of symptoms, which we know is very difficult to reverse. [9]

Homeopathic remedies transmit electromagnetic information of the substance to the energetic layer in connection with our DNA. Especially homeopathic remedies of plant or animal origin transmit their DNA information (of the source) directly to that of the receiver to correct the predominance of the aroused plant or animal awareness in the receiver.

One remedy fits a person, during the whole lifetime?

I can totally subscribe the article of *Monika Grün* [10] :

“Every single disease” (*Boericke's* translation of “Jeder einzelnen Krankheit” in §6. Einzel just means single (only one) and not individual! Individual can have further aspects, like being characteristic of a person. That does not apply for einzel. It can be assumed that with the terms “single disease” and “case of disease” (§ 73) *Hahnemann* also includes epidemic diseases.

So in every single disease the homeopath “notices only the deviations from the former healthy state of the now diseased individual (which are felt by the patient

himself, remarked by those around him and observed by the physician). All these perceptible signs represent the disease in its whole extent, that is, together they form the true and only conceivable portrait of the disease". (§7 Symptom totality of a disease.)

The totality of the symptoms refers to "now", or said in a different way "what's the actual disease" and not to a lifelong symptom totality. [10]

That's why the simillimum often cannot act in an acute traumatic situation. Then the convenient traumatic remedy (mostly homeopathic, but sometimes a flower remedy) must be administered! This remedy acts during the time the organism needs to restore to the (former) health. This means that such a trauma remedy is not always needed, but if administered, it will shorten the time of recovery. If not administered, the 'vis medicatrix naturae' is, in most cases, capable to restore the energy, but it will take a lot more time. In the case the vis medicatrix naturae doesn't restore health a specific trauma remedy is needed, because the trauma has broken down a part of the personality or the physical coherence of the patient.

Preventive / predictive versus curative homeopathy

Only curative: "Wait and watch" *J.T. Kent* ... (note: own reflection of the author: "if you do in this way you often will be too late").

Preventive: "Be aware, observe (yourself) and intervene!" *F. Degroote*.

Symptomatic (clinical) versus deep acting homeopathy

The best illustration is the way homeopathy is often practised in India, where a master can treat hundred patients a day, by keynote prescribing.

For example: Pain heels in a shop girl: *Squilla maritima*. Cough like a saw: *Spongia tosta*. Those prescriptions can be very valuable and even fit the simillimum, but then it is a lucky strike.

The same prescriber cannot apply this method on Western-European or North-American people, whose mental complexity predominates the whole energetic field / picture and all the involved organs, first in a psychosomatic way and later in a laesional way.

Homeopathy can be dangerous when only prescribed on the positive personal treats of the patient

Example 1

- *Jan Scholten / Markus Kuntosch:*

"Lanthanide patients are a remarkable number of self-employed therapists and children from independent schools and kindergartens, as well as patients who seek alternatives to conventional medicine. These are people who value an independent, self-determined life, who are often in the service of others, and also understand the deeper connections to their disease and want to do something for their healing. Many homeopaths themselves often need a Lanthanide." "Moreover the *Lanthanides* are especially indicated in (new) autoimmune diseases."

- *Own comment:* Lanthanides belong to a new group of homeopathic remedies and are - like all new remedies - at the moment too frequently prescribed (because one is focused too much on known "positive" features).

- To the contrary and according to *Hahnemann*, a prescription must be based on:

- Unusual, peculiar, striking, original and personal' symptoms - *Organon*, § 153
- The totality of the symptoms - *Organon*, § 7 – 8
- The mental symptoms - *Organon*, § 211

Example 2

A similar example was given to me by Dr *Pladys* 35 years ago when he warned not to prescribe *Tuberculinum* in a superficial way in children. The reason is that *Tuberculinum* can suppress the phantasy of the child, a tool a child really needs during its development. Phantasy is needed in the first place to permit the child to develop as broad as possible on the mental level, to make only later in life the right decisions. *Tuberculinum* children are tiny, artistic but sometimes also very restless and very susceptible to recurrent colds. They usually prefer cold milk, like to be outside and enjoy traveling (especially in mountains). An alternative – not to give *Tuberculinum* to those children – is to advise to take the trace-element remedy Manganese-Copper daily, so that the simillimum of the child will have the time to act profoundly. At the same time it is recommended to forbid milk.

Example 3

The symptomatic treatment or the attempt to prevent a flu infection by prescribing an isopathic homeopathic flu remedy or genus epidemicus remedy (*Bryonia*, *Gelsemium*, *Mercurius*,) undermines in most of the cases the action of the real simillimum of the patient by which in the first six months the patient doesn't react

accurately to even a correct chosen remedy. Such a therapeutic approach can indeed suppress successfully flu symptoms, but it increases the sycotic load of the patient. (Influenza and Sycosis.) [10]

When the homeopath applies yearly this bad custom to his patients, then his patients remain every year for a half-a-year insensitive to the prescription of their simillimum, by which in the end the simillimum disappears forever in the fog, the patient cannot be helped further, and at long last stops the treatment.

Is there a need for more and more new remedies

On the one hand, YES, of course.

In the last decades some hundreds of new remedies are introduced and a lot of them are of a great value. For example the Lac remedies, the Bird remedies etc.

Now the mineral kingdom is quite deeply explored and a lot of work is already done although far from finished on the plant kingdom (R. Sankaran, J. Scholten, *M. Yakir*). Also the animal kingdom is in need of extension. Also in my own practice I prescribe about three hundred new remedies, especially animal remedies.

On the other hand NO, (what I actually mean is not too much!).

My reasoning is that a lot of homeopaths link the not succeeding of their therapy due to the fact that they need a still unknown remedy. So they are constantly on the hunt to prescribe new remedies, as if these will fill the (imaginary) gap.

However the classic known remedies, speaking from experience - especially the plants of the last two centuries - are very well known and one can trust their action and their usefulness when applied. So it is not by rule but more by exception that an unknown plant remedy is needed.

Knowledge of how the energetic body is composed is a necessity for a homeopath whose aim it is to treat every patient in the most perfect way.

The homeopathic student starts with the knowledge that a homeopathic proving gives us the needed information about the possibility to cure a diseased patient with that particular substance. But this gives no insight about the nature of the energetic body on which it acts.

Acupuncture for example has a tangible energetic model, which is useful. It can be summarised as well as recognising the presence of individual and ancestral energy. Also the insights of Hahnemann and the French homeopathic school (especially *Vannier*) can help us to classify our homeopathic remedies.

There are mainly three different kinds of energy homeopathic remedies.

They act on:

- The Constitutional energy, which refers to the homeopathic constitutional remedy. (The French school with Vannier the Argentinian school with *Eizayaga*). It is related to the physiognomy of the patient and this constitutional energy has an hereditary aspect, because it is linked to the DNA of the patient and so with its ancestors. (Eugenetics) These constitutional remedies are mineral remedies and especially situated in the second row of the table of elements
- The Individual energy, which refers to the homeopathic individual remedy. It is related to the personality (the mental conscious and subconscious) of the patient and is covered by a broad range of mineral, plant and animal remedies
- The Ancestral energy, which refers to a nosodal remedy. It is related to the miasmatic (infectious) load of the patient. This energy is especially hereditary linked and transmitted through generations, but can also be of a recent influence, so it origins from two time periods.

These two periods are: 1. Transmitted over centuries or millions of years over many generations. Then it is present in the DNA as an inherited predisposition to diseases (miasms). 2. More recent, as a result from new infections during the last generations or during the lifetime of the patient him or herself, then it is present in the epigenome of the DNA (chromatine proteins around which the DNA helix is wrapped) and can become active by an epigenetic mechanism.

(The science of epigenetics has found evidence that negative energy patterns are transferred in families and that problems in one generation, may affect future generations.)

Note:

Evolution of the individual and ancestral energy

Definition of Energy in Chinese Medical Theory

Qi / Chi: all energy together, even cosmic energy.

In the (human) body, Qi is the *life force*.

Chinese medical theory posits five types of Qi:

1. Yuan Qi (Original or prenatal)
2. Zheng Qi (Correct, made up of the Qi from organs),
3. Organ Qi (from the five organs and six bowels)
4. Wei Qi (Defensive, on the body's exterior) and
5. Ying Qi (Construction). Xie Qi (Evil Qi) is the negative manifestation of Qi caused by pathogens that causes illness, disease and death.

These types of Qi are found throughout the body, although Wei Qi is generally found along the skin.

Various organ Qi's, reside within each organ, for example Liver Qi inhabits the liver.

Flow of energy

The individual energy is transported by individual energetic channels (the ten acupuncture meridians) and the ancestral energy is transported by the miscellaneous meridians the Governing vessel and the Conception vessel.

Homeopathy

Individual energy is the incarnation of a personal energy into a vehicle (a body).

Ancestral energy is linked to the body, and has a psoric element and non-psoric elements. All those elements determine for a big part the life duration of the physical body.

Only a psoric condition / charge guarantees a long life. The others are nibbling each a part away of the health of the patient and their negative action is even intensified if one suppresses a disease.

Kundalini

Kundalini energy is the divine feminine creative power or Shakti energy. Kundalini is an energy that exists in everyone's body, usually in a dormant state. **Kundalini energy** is the energy of your being which sits at the base of your spine, in the root chakra. It wakes up when you start meditating, visualising or doing other spiritual activities. When activated, **kundalini energy** starts going up your chakras till it reaches the crown chakra and when it goes through the crown chakra the person becomes enlightened. In modern commentaries, Kundalini has been called an unconscious, instinctive or libidinal force. Chakras are catching energy (photon energy) and bring it to the nervous system.

At birth: Low individual energy – much ancestral energy.

When growing up: equalisation of the individual and ancestral energy.

During the first years of life: the individual energy must grow by converting the ancestral energy into individual energy (*Steiner*).

During ageing:

When being in a healthy state the individual energy stays high however the ancestral energy lowers.

When being in a more unhealthy state the individual energy lowers faster than the ancestral energy. For example in Alzheimer, where people stay alive but eventually have lose personality.

Suppression

Energy destined for long living is used actually to mend a gap. This is called 'adaptation' by chiropractors and suppression by homeopaths. So its combustion limits in time the good functioning of the immune system, by which it loses its protective action on the body functions.

This is a personal experience by the author resulting from the application of the energetic examination method.

Conclusion

Be careful when giving advice and avoid to prescribe homeopathic remedies but rather prescribe Phytotherapy, Orthomolecular therapy or Oligotherapy.

When prescribing in your consulting room and there is some doubt about the simillimum, *start with the best possible remedy in a low LM potency*. If there is an improvement during the first weeks then you can switch to a single dose of the same remedy in a high(er) potency. If there is no improvement, the energy will restore itself after some weeks (instead of after about six months if you started with the wrong remedy in a high potency).

New symptoms that appear during the intake of a LM potency can be:

- During an improvement
- Other symptoms of the same remedy
- In case the patient needs after some time a higher potency of the same remedy,
- Or when the patient needs a nosode like for example Psorinum
- Symptoms of another remedy. When the patient needs another remedy (second prescription or even an intermittent nosode like Carcininum) when the action of the first remedy has ended.
- During an aggravation or without improvement: then the new symptoms are mostly symptoms of the simillimum to be prescribed

If a remedy is totally wrong, it can harm your energy, in a way that you can compare to a train derailment, by which the putting on rails again is much more complicated than the simple prescribing now of the correct remedy. (Comment: dreams, if present, are the best criteria to judge which remedy is now indicated.)

Such a disturbance of energy can stay about six months (by which the case is stuck) and can nevertheless be shortened by osteopathic or chiropractic techniques (which will be necessary!) together with the daily intake of the correct homeopathic remedy in LM potency.

For therapists who do not master the above techniques, an alternative 'longer' way can be applied by sending first the patient to a chiropractor or osteopath to correct the switching and to do also other skull corrections; and then the homeopathic therapist can start and continue with an LM potency of the indicated homeopathic remedy in alternation with the chiropractic or osteopathic treatment.

Self-medication like taking *Arnica montana* after an injury can cause severe damage to the energetic system. I will give you the example I heard from a colleague. A person took Arnica after a moderate head injury and developed a massive intracranial bleeding by which he got some irreversible damage. Arnica is in the first place indicated for bruises of the soft tissues and not for the nervous system.

Also the automatic "re-take" of the last remedy without looking first into the actual energetic homeopathic symptoms *can* make it for "that moment" a "wrong" remedy and causes the energetic system of the patient to become profoundly disturbed.

- It is not like *J.T. Kent* says in his Lecture 36 that one has to repeat the homeopathic remedy, which had a clear action until its action is exhausted (neglecting the new symptoms of that moment).

Lecture 36:

"As a general thing, if the first prescription has been beneficial it ought not be left until it has done all that it can do".

"Another reason for making a second prescription is the appearance of a lot of new symptoms taking the place of the old symptoms. ... If so, the remedy has not acted properly ... and was not homeopathic to the case ... and must be antidoted by a remedy combining the especially the new symptoms with the old ones".

- In my practice, after a correct first prescription, new symptoms may appear in a patient, who feels better in total, and are the best and only symptoms to make a second prescription so that the case can progress further in a positive way!

Moreover the *Energetic Examination* allows me to apply homeopathy as well as phytotherapy / flower therapy and structural (osteopathic) therapy. It helps in the general treatment of the patient because a lot of obstacles to cure can be taken away with these extras.

So my advice is to become familiar with the Energetic Examination, then all good but also confusing classifications of kingdoms, subkingdoms and families will become more clear, which doesn't mean that their knowledge will not be of a very big help. The E.E. will especially help in the differential diagnosis.

Reflections on contemporary homeopathy in comparison with the purpose and content of the article

Where to place the homeopathic symptomatic (clinical) approach in general practice?

- Homeopathy according to *Peter Chappell* for curing aids in Africa (for example) is based on treating those diseases via the Genus Epidemicus approach and adding also some specific energy by spiritual work.

I'm convinced that this therapy makes an **adaptation** energetic process possible by which the disease can be encapsulated and put apart in compensation to some loss of ancestral energy.

This results in the fact that the patient can live further as if cured because the combusting effect of the disease (e.g. aids) is stopped.

- Isotherapy: (for example the Monera, Viruses and Bacteria) in 5 decimal potency supplementary to the individual / constitutional remedy.

Here I can repeat the same comment I made concerning the keynote prescribing in India and also the comment given under the Chappell method.

Sometimes this therapy is correctly indicated as a supplementary therapy and confirmed by the Energetic Examination. [11]

In the same way, a corrective "specific" stimulation with homeopathic low potency remedies is possible. I noticed via energetic testing that a dilution not higher than 5 - 6 X can be considered, as an intensification of the pure material action of the ponderable remedy.

For example administering *Ruta* 5X as a supplementary remedy in case of a tendinitis / periostitis can be considered as being a little bit more intensive than the pure phytotherapeutic action of the plant.

This medication can be taken for example during one or several weeks after the single intake of the simillimum by the patient. This is absolutely not a must and this must be considered only if the individual remedy of the patient doesn't take away some specific disturbance or symptom.

For example a skin mycosis will mostly respond very well to *Natrum sulphuricum* or *Silicea*, if it seems to be the individual remedy of the patient. But in case the simillimum of the patient is not really a typical anti-mycosis remedy, and the triggering causes are of external nature (as ambient heat, humidity, obesitas) then a corrective "specific" stimulation by a monera isopathic remedy in a low potency can be indicated. This remedy if needed can be best determined by the E.E.

Also *Bach* flowers can be administered in those low potencies without disturbing the vital force of the patient and having still a corrective action on the emotional (astral) body. (The energetic level of the Bach flowers, and also other flower remedies, obtained by dawn and sun exposure is indeed similar to a 5X potency.)

Some dangerous reasoning

- Self-medication like taking Arnica after an injury can cause severe damage to the energetic system. I give you the case I heard from a colleague. A person took Arnica after a moderate head injury and developed a massive intracranial bleeding by which he got some irreversible damage.

Reason: Arnica is in the first place indicated for bruises of the soft tissues and not for the nervous system.

- The 're-take' of the last remedy without looking first to the actual energetic homeopathic symptoms **can** make that 'on that moment' a 'wrong' remedy is administered so that the energetic system of the patient will become profoundly disturbed (cf. the above mentioned remark about lecture 36, Kent).

- Giving the remedy of the baby through the mother is a 'wrong' way of administering the remedy because from the moment of birth (after the cutting through of the umbilical cord) mother and child become two apart entities. If giving the remedy of the baby to the mother the energy of the mother will derail.

- Blocks set homeopathy: cf. Jan Scholten where one composes mineral salts by using the leit motiv of each element.

However the theoretical concept is wonderful and frequently makes it possible to find the simillimum yet this method can be dangerous because one easily finds such combination remedies. So wrong remedies can easily be prescribed because a lot of remedies resemble such combinations.

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[6] http://www.self-healing.com.au/MACRO/5_energy.html

[7] (Klüssendorf, J.: Homeopathy tests remedies on healthy people; Allopathy on sick people, Links, 2/11, p. 74

[8] A switching is an energetic blockage by which the normally dominating cerebral hemisphere does not function normally anymore. This mostly results in an alternating pattern of domination of the left and right cerebral hemisphere.

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